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## Composition - Food Supplement

### B12 Ankermann Vital

<b>Ingredients</b> 1 film-coated tablet (167 mg) contains
<b>Active ingredient</b>
Vitamin B12 (methylcobalamin)
<b>Inactive ingredients</b>
Microcrystalline cellulose
Dicalcium phosphates
Hydroxypropyl methyl cellulose
Powdered cellulose
Magnesium salts of fatty acids
Fatty acids

Recommended dosage: 1 film-coated tablet a day